



Temple Emeth invites you to attend a special session by members of NAMI, as part of our Chanukah theme – *Lighting the Darkness*.



Sunday, December 9, 2018

9:30 am Breakfast (after morning minyan)

10:00 am NAMI Presentation

In Our Own Voice (“IOOV”) is a presentation given by two people living with mental illness about their journey with their disorders. The hour-long talk is appropriate for family members, friends, professionals, lay audiences and other people living with mental illness. It includes a videotape, personal testimony, discussion and enriches the audience’s understanding of how people with these serious disorders cope with the reality of their illnesses while recovering and reclaiming productive lives.

Registration is necessary to attend.

R.S.V.P. at www.templemeth.org by December 5, 2018.

